

I-KICK MARTIAL ARTS

Terms & Conditions/Policy and Procedures/Membership Agreement

Club Terms:

I-Kick Martial Arts (hereafter IKMA) has developed a membership scheme along with Policies and Procedures to protect the interests of its members, coaches, staff and the standards of the club.

All students/members and/or parents & guardians of students/members must read and agree to IKMA's terms and conditions before activating a membership with the club.

Club Code of Conduct (Students):

Students should be entitled to the following...

- Be safe and feel safe whilst participating at the club, events or competitions.
- Have fun and experience a sense of enjoyment and fulfillment.
- Be treated with respect, dignity and sensitivity.
- Comment and make suggestions in a constructive manner.
- Be afforded appropriate confidentiality.
- Participate in matches and competitions where they feel comfortable.
- Make their concerns known and have them dealt with in an appropriate manner.
- Be protected from abuse.
- Be listened to.

Students should always...

- Play and train fairly, do their best and enjoy themselves.
- Respect fellow team members regardless of ability, cultural or ethnic origin, gender, sexual orientation or religious beliefs.
- Support fellow team members regardless of whether they do well or not.
- Represent their team, their club, their family and their friends with pride and dignity.
- Respect all other coaches, staff, officials and opponents.
- Be gracious in defeat and modest in victory.
- Shake hands before and after matches – we operate a give respect to get respect philosophy - irrespective of the result.
- Inform their coach/staff members in advance if they are unavailable for training, events and competitions.
- Take due care of club equipment and facilities.

- Know that it is acceptable to talk to our staff/coaches with any concerns or questions they may have.
- Adhere to acceptable standards of behaviour and their club's Code of Discipline.
- Tell somebody else if they, or others, have been harmed in any way.
- Maintain a satisfactory level of grades/work ethic in school/college/university or at work that your parents/guardians set, and that training suspensions or plans may be put in place or amended until grade standards/effort improves.
- Complete and return the relevant paperwork required for participation in the club (if over 18).
- Inform coaches and staff of any changes in their medical or dietary requirements prior to training sessions, events or competitions.
- Ensure they punctually attend sessions, events and competitions. Failure to do so may result in missed gradings or opportunities.
- Ensure they have adequate clothing and training equipment that is required for the specific classes, events and competitions. For example; training uniforms, head gear, gloves, feet guards, club merchandise etc. Approved training gear and equipment can be bought online via our club website.
- Ensure your hydration, nutrition and hygiene needs are met. Keep finger and toe nails short. Never train if you are unwell or injured.

Students should never...

- Cheat – always play/follow the rules.
- Shout or argue with an official, coach, team mate or opponents and never use violence or explicit language.
- Use unfair or bullying tactics to gain advantage or isolate other students.
- Spread rumours.
- Tell lies about adults or others.
- Compete or train if they feel unwell or are injured.
- Use unacceptable language, racial references or derogatory terms.

Club Code of Conduct (Parents/Guardians):

Parents/guardians have an influential role to play in assisting and encouraging their children to fully participate in Martial Arts.

As with coaches and club staff, the parents/guardians of students under 18 years old, should act as role models for their children as they participate in Martial Arts.

Parents/guardians should encourage their child to...

- Always follow the rules.
- Improve their skill level.
- Appreciate everybody on their team, regardless of ability or experience.

- Maintain a balanced and healthy lifestyle with regard to exercise, food, rest and play - advice can be sought if necessary from our coaches on this issue.

Parents/guardians should lead by example...

- Adopt a positive attitude to their children's participation in Martial Arts.
- Respect other coaches and official decisions and encourage children to do likewise.
- Do not exert undue pressure on your child.
- Never admonish your own child or any other child for their standard of participation.
- Be realistic in their ability and expectations.
- Show approval for effort, not just results.
- Never embarrass a child or use sarcastic remarks towards any student.
- Applaud good play, effort and attitude from all participants.
- Do not criticize performances, instead identify constructively how improvements can be made.
- Do not seek to unfairly affect any student's/participant's performance.
- Do not enter the training/event/competition area unless specifically invited by an official or coach in charge.
- Do not call or distract student(s) whilst they are training. If you need to talk to your child, go through a coach.
- Do not use the gym/training facility for your own training unless you are a member.
- Do not use the gym/training facility to review techniques after class, please clear the training area and facility promptly to allow the next class to commence on time.

All parents/guardians should...

- Complete and return the relevant paperwork required for their child's participation in the club.
- Inform coaches and staff of any changes in their child's medical or dietary requirements prior to training sessions, events or competitions.
- Ensure that their child punctually attends sessions, events and competitions. Failure to do so may result in missed gradings or opportunities.
- Provide their child with adequate clothing and training equipment that is required for the specific classes, events and competitions. For example; training uniforms, head gear, gloves, feet guards, club merchandise etc. Approved training gear and equipment can be bought online via our club website.
- Ensure they hydration, nutrition and hygiene needs of their child are met. Keep finger and toe nails short. Never let your child train if they are unwell or injured.
- Listen to what their child may have to say.
- Show approval whether their child wins, loses or draws in a match.

- Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in Martial Arts.

Parents/guardians can assist the club by...

- Showing appreciation to volunteers, coaches, staff and officials.
- Attending events and competitions regularly.
- Assisting, when required, in organizing club activities and events.
- Respecting the rights, dignity and worth of every person by treating each one equally regardless of age, gender, ability, ethnic origin, cultural background or religion.

Parents/guardians have the right to...

- Know their child is safe and to make a complaint if they believe that their child's safety is in any way compromised.
- Be informed of problems or concerns relating to their child.
- Be informed if their child is injured.
- Complain if they have any concerns regarding the standard of coaching.
- Voice their opinion in relation to decisions being made by the club.

Student Disciplinary Procedure:

Students can greatly benefit from training in Martial Arts in terms of their personal development both physically and mentally. As part of their participation, our members are encouraged to realise that they also have a responsibility to treat others with fairness and respect and behave themselves when at the classes, events or competitions.

Below is our Disciplinary Procedures. These are the steps that our coaches/staff will take in order to maintain a safe and productive environment for all of our students. We will give any student who misbehaves or disrupts any of our classes plenty of opportunities to abide by our code of conduct before being asked to leave the training area of being dismissed from the class/event/competition.

Our Procedure:

1. Any student(s) misbehaving will firstly receive a verbal warning and it will be made clear that if they misbehave again, they will receive a time-out.
2. Student(s) that are misbehaving or disrupting the class for a second time will receive a time-out. Time-outs can be reduced or extended depending on whether the student(s) behaviour improves or not.
3. If said student(s) misbehaves or disrupts the class again, they will receive a second time-out and will be informed that if they continue to misbehave or disrupt the class that their session will end, and they will be asked to leave the class/event/competition. In our younger classes (up to 8 years old), students

who receive a second time-out within a session will not receive a gold star that day.

4. Finally, if the student(s) persists with disruptive or bad behaviour, parents/guardians may be called in to chat with staff/coaches to discuss possible strategies or options to help prevent further disruption going forwards.

Serious/Persistent Misbehaviour Procedure:

Any student(s) persistently misbehaving or being disruptive will receive a suspension from the club for 1-4 weeks, depending on the severity of the situation. The student(s) parents/guardian will be contacted and asked to come in to chat with our staff/coaches to discuss the reasons for suspension and to answer any questions they may have.

In an extreme case, the club has the right to revoke the membership and expel the student(s) from the club completely.

Our club feels that having these procedures in place, it will benefit all of our students. It also makes it clear from day one to our students and their parents/guardians what our procedure is and the measures that we will take to ensure our club is a safe and productive environment for all.

Membership Plan:

IKMA provides a very competitive membership plan that has been developed to meet the needs of all of our members, in terms of class attendance and payment options. IKMA is affiliated with ITF Scotland, International Taekwon-Do Federation of Scotland and WAKO GB, World Association Kickboxing Organisation Great Britain. These organisations provide IKMA and its students access to competitions, seminars, black belt gradings, training, national development squads and insurance.

Membership Options:

Bronze Package - x1 core class per week = £35 per month.

Silver Package - x2 core classes per week = £50 per month.

Gold Package – x4 core classes per week = £70 per month.

Additional Adhoc classes are £5 per class. (e.g. Squad Training)

****All students who are Green Belt grade in Kickboxing or Blue Tags Grade in TKD (intermediate level) or above must attend a minimum of x2 core classes per week in order to see continued progression with their Martial Arts training.****

Family discounts:

A 5% family discount is available to families who have 2 family members training at the club. A 10% family discount is available to families who have 3 or more family members training at the club (discount applies to immediate family only).

All membership fees are paid by Direct Debit (information on sign-up is available from any of our Instructors).

There is a **minimum cancellation notice period of 1 month (30 days)** otherwise your membership will not be terminated and will continue to run.

Missed payments will result in the refusal to attend classes and may result in the cancellation of your membership.

If following cancellation, you wish to reinstate your membership, you will be required to pay the club joining fee again. Any missed payments may result in additional charges from the Direct Debit company/your bank.

All IKMA members will benefit from:

- Annual Member-To-Member Insurance.
- Registered to an ITF Scotland/WAKO GB affiliated club.
- Capacity to maintain and develop a regular training schedule.
- Entitlement to regular club gradings - when the student is ready.
- Opportunity to participate in special training when available (i.e. Workshops, Squad Training Classes, Technical Training or Black Belt training etc.).
- Access to seminars, competitions and other club events.

New Member Joining Fee:

The club is currently open to new members. All new members are required to pay an initial joining fee. The new member joining fee provides the student with IKMA membership, affiliation with an ITF Scotland/WAKO GB recognised club, personal member-to-member insurance and access to the I-Kick Martial Arts student zone. Students up to 8 years old will also receive a basic training handbook to help aid with their training and progress.

Joining fee = £35 – payable online at the time of registration.

It is essential that students pay their fees on time. Failure to pay fees will result in refusal to attend classes.

Classes:

Students may only attend classes that fit their grade and age group, unless their Instructor has directed otherwise following a progress assessment. It is the student's responsibility to attend the correct class times. It is also the student's responsibility to attend the correct number of classes within the requirements of their grade and membership type.

Classes will run for 48 weeks of the year. There will be a 2-week break during the school summer holiday period as well as a 2-week break over the Christmas and New Year period too – **please note that membership fees are not reduced and are still payable over the holiday periods.**

The club may be closed for bank holidays, gradings, competitions, holiday camps, unavailability of staff due to illness, if the training venues are not available or for any other events that require an Instructor's attendance. **Closure for these events will not be cause for reductions in the membership fees.** In the event of closure, the club will try to allow members to make-up lessons whenever possible. Similarly, if a student is ill, on holiday or cannot attend classes for any reason, fees are still payable in order to secure your membership to IKMA.

Member only club:

IKMA is a member only club, however, the club may allow one-off attendance for other fully-licensed students out with the club. Non-members will be charged the single class rate attendance fee of £10, unless otherwise advertised. Single payments exclude access to membership benefits.

Competitions:

IKMA students have the option to participate in tournaments/competitions and fight events (if they wish to and our Instructors recommend that they are ready). There are many different competitions available and we offer a variety of different ones to suit all levels – internal club competition, regional events, National & International events. **Students can only compete in regional events or higher if they regularly attend Squad Training Sessions.** Failure to attend squad training regularly will result in the refusal of a student being allowed to compete in any competitive event due to lack of preparation.

Club grading's:

IKMA will hold regular gradings, dates for these will be provided in advance on our website – under the calendar tab. Students must participate in a grading if they wish to achieve their next rank. All gradings will be conducted by a qualified examiner.

Grading participation incurs additional fees out with the IKMA Membership Plan (£20 per student).

All students age 6+ years must participate in a pre-grading assessment prior to the actual grading assessment. This allows our instructors and students to identify any potential weak areas that need a little more attention before the real examination takes place. Students will be notified by Instructors when they are ready to pre-grade. However, we also like to encourage students to ask to pre-grade if they feel they are ready and have met the required standard. Pre-Grading participation incurs additional fees out with the IKMA Membership Plan (£5 per student).

Queries and Complaints Procedure:

I-Kick Martial Arts operates a strict query and complaints procedure to ensure that these are dealt with professionally and in a timely manner. When classes are running, Instructors and staff do not always have the time to handle queries or complaints on an individual basis - as this takes them away from teaching and the operation of the classes.

Should members have any queries or official complaints, please email info@i-kickmartialarts.co.uk and this will be dealt with within 7 working days.

Equipment Orders:

During different stages of their training, students will be required to purchase the proper training equipment to ensure their safety and the safety of others in the classes. There is also an opportunity to purchase official I-Kick Martial Arts merchandise too.

For all I-Kick merchandise or training uniforms, please see our website shop at www.i-kickmartialarts.co.uk

For all sparring equipment we recommend using the supplier www.bytopic.com

All orders require payment upfront in order to secure the purchase.

By completing our online registration process, you are confirming that you have read and agree to I-Kick Martial Arts Terms & Conditions stated in this document and that you understand the penalties and consequences should procedures or terms and conditions be broken or un-adhered to.

We would like to thank you for your support and cooperation with our club and for agreeing to our Terms & conditions.

I-Kick Martial Arts Team